



## Antimicrobial Properties of *Ocimum sanctum* and *Calotropis gigantea* Leaves

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### Authors' contributions

This work was carried out in collaboration between all authors. Author CSB designed the study, wrote the protocol, and wrote the first draft of the manuscript. Authors AAA and RK performed the statistical analysis, managed literature searches. All authors read and approved the final manuscript.

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### ABSTRACT

**Objective:** To evaluate antimicrobial and phytochemical activity of hexane and ethanolic extract of *Ocimum sanctum* and *Calotropis gigantea* leaves on clinical pathogens.

**Materials and Methods:** The agar diffusion test was used to check the antimicrobial activity of the hexane and ethanolic extracts of the medicinal plants. Three different concentrations of the tested agents were used for the study. The values of Zone of Inhibition were tabulated according to the concentration of the tested agent and data was statistically analyzed using ANOVA tests. Phytochemicals were also detected in all the four extracts.

**Results:** All the plants extracts showed considerable antimicrobial activity against selected clinical pathogens. Hexane and ethanolic extracts of *Ocimum sanctum* and *Calotropis gigantea* leaves showed strong antibacterial activity against *Staphylococcus aureus* at the 4% concentration. At 4% concentration the ethanolic extract of *Ocimum sanctum* has a greater effect on the tested microbes, having a mean and standard deviation of  $8.37 \pm 0.57$  on the most resistant microbe; being *Escherichia coli*. Phytochemical analysis of active extracts demonstrated the presence of common phyto-constituents like tannins, glycosides, saponins, flavonoids and alkaloids.

**Conclusion:** The hexane and ethanolic extract of *O. sanctum* and *C. gigantea* has considerable antimicrobial activity against *S. aureus*, *E. coli* and *Klebsiella* spp.

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## 1. INTRODUCTION

The predominant cause of global mortality and morbidity is lifestyle related diseases which can be addressed through Ayurveda with its focus on healthy lifestyle practices and regular consumption of adaptogenic herbs [1]. *O. sanctum* (tulsi) is an aromatic shrub in the basil family *Lamiaceae* that is thought to have originated in north central India and now grows throughout eastern world tropics [2]. It is also believed that daily consumption of *O. sanctum* could prevent disease, promote general health and treat conditions like anxiety, cough, asthma, diarrhea, fever, dysentery, arthritis, indigestion, vomiting, genitourinary disorders, back pain, skin diseases, insect, snake and scorpion bites [3-7].

*O. sanctum* is also known to prevent cancers caused by toxic compounds by reducing DNA damage and inducing apoptosis in precancerous and cancerous cells, thereby reducing the growth of experimental tumors and enhancing survival [8-10]. Studies has not only revealed anti-microbial activity of *O. sanctum* but also revealed that it boost defenses by enhancing immune responses in humans and animals [11-18]. *O. sanctum* has made an important contribution to the modern research due to its large number of medicinal properties like antibacterial antioxidant, anti-inflammatory and analgesic activities useful for wound healing. It has proven broad spectrum activity against *Streptococcus mutans* and treatment of bad breath, gum disease and mouth ulcers [19-24]. *O. sanctum* is also known to have antibacterial activity against normal tap water and river water human pathogen at a minimum concentration of 600 mg1-1 [25].

Another medicinal plant tested in this study was *C. gigantea* leaves, which is believed to cure several illnesses such as toothache, earache, sprain, anxiety, pain, epilepsy, diarrhoea and mental disorders since tribal ages. *C. gigantea* is scientifically reported for its anti-*Candida* activity, cytotoxic activity, antipyretic activity and wound healing activity [26-30]. Very few studies have been reported regarding the antibacterial activity of leaves of *O. sanctum* and *C. gigantea*.

The main objective of this research was to screen and evaluate the antimicrobial activity of extracts from the leaves of *O. sanctum* and *C. gigantea*; two plants used traditionally for their medicinal value by the people of Guyana, against bacterial pathogens responsible for prevalent

infections in Guyana and other South American countries.

## 2. MATERIALS AND METHODOLOGY

### 2.1 Plant Collection

The leaves of *O. sanctum* and *C. gigantea* were collected from the Mahaica-Mahaicony, Guyana, authenticated by scientific officer at the Centre for the study of biological diversity herbarium located within the University of Guyana, Turkeyen campus. Plant materials were washed with distilled water and air dried for one week, pressed for an additional week via the use of a plant press and mounted on acid free cardboard using standard herbarium preservation technique. All the materials were ground in an electric mill and stored in tight light-protected containers.

### 2.2 Extraction of Phytochemicals

Cold percolation method was used to extract the various phyto-constituents from the leaves of the different plants. Approximately three hundred grams (300 g) of the individual plant powder was weighed using an electronic balance and their individual phyto-constituents were then extracted using the cold percolation method. This method involved the soaking of the grind leaves in glass jars for forty eight hours (48 hrs). For this experiment two solvents extractions were redistilled and used by placing the solvents individually into a distiller apparatus which separates mixtures based on different volatilities, pure hexane was redistilled at a boiling point of 69°C while 95% ethanol was redistilled at a boiling point of 78.1°C, the solvents were collected and stored in air tight-glass containers.

### 2.3 Identification Test for Phytochemicals (Secondary Metabolites)

Tests were done to detect the presence of Flavonoids, Tannins, Reducing sugars, Alkaloids, Glycosides, Terpenoid and steroid. These test for the various phytochemicals were done for both hexane and ethanolic extracts of *O. sanctum* and *C. gigantea* leaves.

### 2.4 Formulation of the Different Concentrations for Each Test Extract

Different concentrations were made using the stock solutions of hexane and ethanolic extracts

of the leaves of *O. sanctum* and *C. gigantea* (0.1%, 1% and 4% concentrations).

1. Mean value and standard deviation
2. One-way analysis of variance

## 2.5 Formula Used in the Calculations for Acquiring the Different Concentration

$$\text{Formula} = C_1 V_1 = C_2 V_2$$

$C_1$ = initial concentration;  $V_1$ = initial volume;  
 $C_2$ =final concentration;  $V_2$ = final volume

## 2.6 Test Microorganisms

The microbial strains were obtained from clinical isolates from Georgetown Public Hospital Cooperation, Guyana. The bacterial strains tested were *Staphylococcus aureus*, *Escherichia coli*, and *Klebsiella spp.* Microorganisms were maintained at 10°C on nutrient agar plates.

## 2.7 Antimicrobial Susceptibility Test: Disc Diffusion Method

All test organisms were inoculated in Mueller Hinton broth (pH 7.4.) for 8 hours. The concentration of the suspensions was adjusted to 0.5 McFarland standards. Isolates were spread on Mueller Hinton agar plates by using sterilized cotton swabs.

The previously prepared discs of concentrations 0.1%, 1%, 4% of hexane and ethanolic extract of *O. sanctum* and *C. gigantea* were arranged radially on the agar plate. Tetracycline antibiotic disc was used as positive control and sterilized distilled water disk was used negative control. Plates were incubated at 37°C for 48 hours. Triplicate plates were maintained for each organism. Zone of inhibition were measured with transparent ruler in millimeter.

## 2.8 Statistical Analysis

The collected data was analyzed using the following statistical test (SPSS 20)

## 3. RESULTS

Phytochemical analysis of hexane and ethanolic extracts of *O. sanctum* and *C. gigantea* indicated that all extracts tested negative for flavones and only ethanolic extract of the leaves of *O. sanctum* testing positive for alkaloids. Glycosides, Steroids and Terpenoids were present all four samples (Table 1).

The antimicrobial activities of the extracts of *C. gigantea* and *O. sanctum* leaves are listed in Table 2. All values were expressed as mean±standard deviation of three replicates. The results were statistically analyzed by student t test at  $P \leq 0.05$  confidence limit. The ethanol and hexane extract of *C. gigantea* and *O. sanctum* leaves exhibited antibacterial activity against three clinical isolates of bacteria (Figs. 1 and 2). Extract showed maximum antibacterial activity against all the three pathogen at 4% concentration of *O. sanctum* ethanol extract. It is observed that there is a low standard deviation for all the diameter of zones of inhibition this implies that the data obtained from the triplicates of the antimicrobial susceptibility test did not deviate much from the mean. Zone of inhibition against *C. gigantea* Ethanol and *O. sanctum* Hexane are shown in the Figs. 3 & 4.

The Anova test greater F value than F crit value, therefore there is significant differences between the different concentrations of all the four extract treatment on colonies of *S. aureus*, *E. coli* and *Klebsiella spp.* which indicates that the extract is statistically and clinically effective in inhibiting the growth of these bacteria. On the other hand, the different concentrations of the sample extract have a similar effect on the different bacteria colonies with no statistical significant difference (F value < Fcrit) (Table 3).

**Table 1. Phytochemicals analysis of all the tested samples**

Phytochemicals	<i>C. gigantea</i> hexane	<i>C. gigantea</i> ethanol	<i>O. sanctum</i> hexane	<i>O. sanctum</i> ethanol
Flavonoid	+	+	-	+
Flavones	-	-	-	-
Gallic tannins	+	+	-	+
Catecholic tannins	-	-	+	+
Glycosides	+	+	+	+
Steroids	+	+	+	+
Terpenoids	+	+	+	+
Alkaloids	-	-	-	+

There were significant differences of the between different concentrations of the tested samples on the three microbes. In each case the statistical data obtained showed that the F-calculated value was always greater than the F-critical value at 0.05 probability level. Hence, the different dilutions of tested samples had significantly different effect on the size of inhibition zone (Table 4).

#### 4. DISCUSSION

Plant extracts have been used for thousands of years, in pharmaceuticals, alternative medicine and natural therapies. The beneficial effect of plant materials typically results from many naturally occurring compounds found in plants known as secondary metabolites; it is usually not attributed to a single compound but a combination of the metabolites [31]. The healing properties of medicinal plants and herbs are well accepted since ancestral period and scientifically very well proven today [32]. Even in the western countries, like United States, a variety of herbal therapies has been used [33,34].

*In vitro* studies in this work showed that both *O. sanctum* and *C. gigantea* leaves extracts inhibited bacterial growth; however their effectiveness at different concentrations varied. The results of this study were in agreement with previous studies where different concentrations of Tulsi have been used against all three tested microorganisms [35-39]. The biological

properties of the plant has been attributed to the presence of active compounds like Ursolic acid, flavonoids (epigenin, orientin and vicenin) [40] and phenolic compounds (cirsilineol, circimaritin, isothymusin, eugenol) [41]. The antibacterial activities tulsi has proved against gram positive and gram negative bacteria including enteric organisms [42-44]. Similar to this study, methanolic extracts and aqueous suspension of leaves of tulsi showed immunomodulatory properties with secretion of cytokines. Studies of tulsi have shown a good analgesic, antipyretic as well as anti-inflammatory activities [45,46].

Aqueous extract of *C. gigantea* showed high inhibitory activity followed by methanol extract, whereas ethanol and petroleum ether extracts showed low activity [47]. Previous studies report the presence of phytochemicals like cardenolides, flavonoids, terpenes, pregnanes, nonprotein amino acid and cardiac glycoside as major constituents in *C. gigantea* may acknowledge the medicinal property of this plant [48,49]. *C. gigantea* extracts have shown significant antimicrobial effect against endodontic pathogens especially against *S. mutans* and also against *S. aureus* and *E. faecalis* at higher concentration [50-54]. In support with this study *C. gigantea* leave extracts showed high inhibitory activity with aqueous extract followed by methanol extract against different species of *Candida*. At lower concentration ethanol extract showed good inhibitory activity against clinical isolates [55,56].

**Table 2. Values of zone of Inhibition at different concentrations of tested agents**

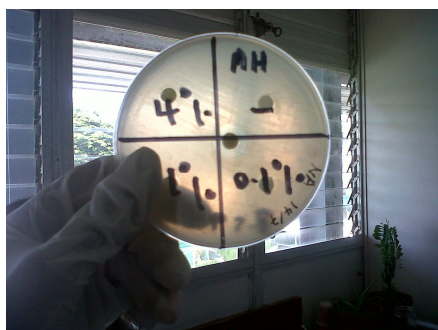
Concentration (%)	<i>C. gigantea</i> hexane	<i>C. gigantea</i> ethanol	<i>O. sanctum</i> hexane	<i>O. sanctum</i> ethanol
<b><i>S. aureus</i></b>				
0.1	0±0	5.60±0.360	5.37±0.25	6.03±0.15
1	5.77±0.06	6.97±0.76	6.07±0.21	7.63±0.55
4	6.93±0.70	7.73±0.58	6.9±0.36	9.2±0.26
<b><i>E. coli</i></b>				
0.1	0±0	1.77±3.06	0±0	1.93±3.35
1	5.23±0.15	6.2±0.82	5.73±0.29	6.83±0.76
4	6.57±0.58	7.3±0.61	6.43±0.42	8.37±0.57
<b><i>Klebsiella spp.</i></b>				
0.1	0±0	3.8±3.31	0±0	1.97±3.401
1	5.53±0.21	6.60±0.78	5.83±0.32	7.20±0.70
4	6.67±0.58	7.47±0.57	6.67±0.29	8.77±0.42

**Table 3. ANOVA analysis: Two way factor analysis**

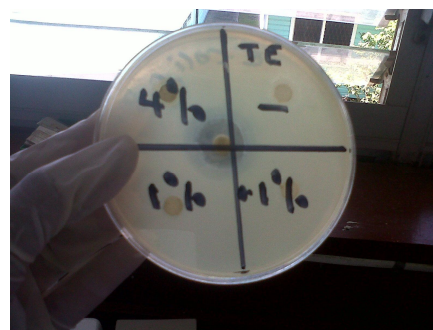
ANOVA: Two factor without replication			
<i>O. sanctum</i> hexane	F	P value	F crit
Rows	7.2	0.0	6.9
Columns	1.4	0.3	6.9
<i>O. sanctum</i> Ethanol			
Rows	17.8	0.0	6.9
Columns	2.4	0.2	6.9
<i>C. gigantea</i> hexane			
Rows	1928.0	0.0	6.9
Columns	3.4	0.1	6.9
<i>C. gigantea</i> ethanol			
Rows	13.3	0.0	6.9
Columns	2.4	0.2	6.9

**Table 4. Anova: Two way analysis**

ANOVA: Two factor without replication			
<i>S. aureus</i>	F	P-value	F crit
Rows	6.5	0.0	5.1
Columns	3.3	0.1	4.8
<i>E. coli</i>			
Rows	400.3	0.0	5.1
Columns	19.8	0.0	4.8
<i>Klebsiella</i> spp.			
Rows	55.2	0.0	5.1
Columns	4.7	0.1	4.8



**Fig. 1. Antimicrobial property of *C. gigantea* hexane**



**Fig. 3. Antimicrobial property of *C. gigantea* ethanol**



**Fig. 2. Antimicrobial property of *O. sanctum* ethanol**



**Fig. 4. Antimicrobial property of *O. sanctum* hexane**

#### 4. CONCLUSION

In conclusion, the results of the present study support the traditional usage of the *O. sanctum* and *C. gigantea*. This antibacterial study of these plant extracts demonstrated that traditional medicine can be as effective as modern medicine with an increase in their concentrations and this can lead to the combating of pathogenic microorganisms. The millenarian use these plants in folk medicine suggests that they represent an economical and safe alternative to treat infectious diseases.

#### COMPETING INTERESTS

Authors have declared that no competing interests exist.

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