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Probabilistic Human Health Risk Assessment of Fe, As and Mn in the Groundwater of Dhamrai Upazila, Dhaka, Bangladesh

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Authors' contributions

This work was carried out in collaboration among all authors. Author SA designed the study, performed the statistical analysis, wrote the protocol and wrote the first draft of the manuscript. Authors PPB and AT managed the literature searches. Author KU supervised and managed the analyses of the study. All authors read and approved the final manuscript.

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Original Research Article

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ABSTRACT

In Bangladesh, groundwater is the most important source of potable water. This study aims to investigate the amount of Fe, Mn and As in groundwater and to assess the health risks through oral ingestion of these trace metals. Groundwater samples were collected from 20 sample sites throughout the Baishakanda union, Dhamrai upazila for source appointment and risk assessment studies. The concentrations of Fe, Mn, and As were measured using an atomic absorption spectrophotometer. Mean concentration of trace metal level in respectively descending order as Fe>Mn>As. The study found an average concentration of Fe (1.8 mg/L), Mn (0.74mg/L), and As

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(0.038 mg/L) in the groundwater sample where the mean value of Fe and Mn exceeds the DoE, WHO, and USEPA standards limit. On the other hand, the mean concentration value of As exceeds the WHO and USEPA standards limit. The non-carcinogenic human health risk was calculated by justifying HQ (Hazard Quotient) and HI (Hazard Index). A child (11.4056) is more vulnerable to non-carcinogenic human health risk than an adult (5.3769). Furthermore, As pollution in groundwater samples was found to pose a high carcinogenic risk, with children (3.84×10^{-3}) being more vulnerable to carcinogenic risk than adults (1.81×10^{-3}). The research area's groundwater was with a significant level of non-carcinogenic as well as cancer-risk (As) susceptibility in the local population.

Keywords: Hazard Quotient (HQ); Hazard Index (HI); carcinogenic risk; health risk assessment; Bangladesh.

1. INTRODUCTION

Groundwater, the water kept in soil and porous rock aquifers under the Earth's crust [1], is a crucial part of the biggest drinking water sources in Bangladesh [2]. Now in Bangladesh, groundwater supplies around 98% of drinking water [3] and 75% of irrigation water [4]. Because of infiltration of contaminants by the soil media, consistent temperature, natural quality, and low vulnerability groundwater are considered to be safe for drinking than surface water [5]. However, Groundwater can be polluted in many ways. It can be natural or anthropogenic. Septic systems, hazardous waste disposal, petroleum products, solid waste, surface impoundments, agricultural chemicals, establishment of wells, etc. are major anthropogenic causes. But nowadays, for increasing the trace elements such as arsenic (As), iron (Fe), and manganese (Mn) groundwater becomes polluted and sources of the trace elements are natural and artificial [6,7]. One of the major sources of this groundwater contamination by trace elements is industries, disposal of municipal solid waste in unsanitary landfills, etc [8].

Dhamrai upazila in Dhaka district has more than 130 industries including a textile mill, garments factory, rice mill, match factory, steel and engineering aluminum, jute mill, etc [9]. Besides Dhamrai in Savar upazila of Dhaka district has around 1500 industries including Dhaka Export Processing Zone (DEPZ), chemicals, ceramics, leather manufacturing, pharmacy, clothing, dyeing, and washing industries [10]. These industries are the major source of groundwater contamination [11]. By using this contaminated groundwater people face a lot of health issues [12]. As is a naturally occurring trace element that is widely dispersed in the air, water, and soil. In its inorganic form, it is deadly toxic. The utilization of As polluted groundwater is the

primary concern of As toxicity. It also causes skin lesions, gangrene in the leg, cancer in the lung, bladder, liver, and skin, etc. Taking this water via oral ingestion a large number of people are affected by these diseases [13]. Through oral ingestion, Fe and Mn could store in our body [14]. Neurotoxicity can be found in humans by consumption of Mn through oral ingestion [15]. By taking iron contaminated water through oral ingestion dysfunction of multiple organs and gastrointestinal distress can occur [16,17]. So, it is important to determine the health risk of these contaminants to estimate the health hazard.

The method of estimating the nature and probability of adverse health effects in humans who might be exposed to chemicals in polluted environmental media now or soon is known as human health risk assessment [18]. Human health risk assessment includes 4 basic steps such as identification of hazard, dose-response relationship, exposure assessment, and risk characterization [19]. Human health risk assessment is a useful way of justifying the degree of health risk faced by various contaminants [20].

This study aimed to determine the level of As, Mn, and Fe in the drinking water of the study area and predict the health risk of adults and children associated with exposure to these trace metals via oral ingestion.

2. MATERIALS AND METHODS

2.1 Study Area Description

Dhamrai upazila is about 40 kilometers north of Dhaka, Bangladesh's capital city. It is one of Dhaka district's six upazillas. The upazila is bordered on the north by the upazilas of Mirzapur, Kaliakair, and Nagarpur, on the south by Singair, on the east by Savar, and on the west by Saturia. Dhamrai is situated between the latitudes of 90.02 and 90.14E and the longitudes of 23.50 and 24.02E. Dhamrai upazila has a total area of 307.4 km².The alluvium soil of the Bongshi and Dholesshori rivers makes up Dhamrai upazila. Kolmai and Gazikhal are two other rivers [21].

2.2 Sample Collection and Analytical Technique

A total of 20 groundwater samples were collected from pre-selected sampling points in Dhamrai upazila (Fig. 1), with depths ranging from 40 to 250 feet during the winter season (December 2016). A map of the upazila and a handheld GPS receiver (Kansas USA) was used to locate the selected wells. Samples were collected in 250 mL polypropylene plastic bottles. To avoid precipitation of dissolved Fe as well as adsorption of trace metals on the bottle surface before filtration, 2 drops of concentrated HNO₃ were used to acidify the solution [22]. In the laboratory, these acidified groundwater samples were well-preserved in the refrigerator at 4 °C. Many of the samples had labels attached to them. The samples were then sent to the laboratory for analysis. Well-depth and other pertinent information were recorded at each sample site. The sampled wells were in use and were purged for 10 minutes before the parameters were field measured. The physicochemical parameters such as temperature, pH, and electrical conductivity (EC) were measured with calibrated portable instruments. The pН Meter (Model: SensionTM1, HACH International, USA) was employed to measure the pH of groundwater. Electrical conductivity (EC) was measured using a Conductivity Meter (JENWAY, Model: 4520) and the temperature was also read from the same meter. The concentration of Fe, As, and Mn were measured by Atomic Absorption Spectroscopy (AAS Model: ASC-7000).The department of Environmental Science and Wazed Science Research Miah Centre. Jahangirnagar University Savar, Dhaka, provided materials and apparatus for this analysis. То ensure reproducibility and statistical validity, all samples were analyzed three times. Statistical analysis was done by MS-excel 2013.

2.3 Risk Analysis

Risk assessment is defined as the process of estimating the likelihood of any given magnitude of adverse health effects occurring over a specified period as a function of danger and exposure [23]. Each trace element or metalloid's health risk is normally assessed by quantifying the risk level and expressing it as a carcinogenic or non-carcinogenic health risk [24]. The slope factor (SF) for carcinogen risk characterization and the reference dose (RfD) for non-carcinogen risk characterization are the two key toxicity risk factors studied [25]. Metals were exposed by two routes: (1) direct ingestion of contaminated water and (2) dermal absorption of pollutants in water adhered to exposed skin [26]. The chronic daily intake by ingestion was calculated using Equations 1 which was adapted from the US Environmental Protection Agency [27-30].

$$CDI_{Oral} = \frac{\left(CW \times IR \times EF \times ED\right)}{\left(BW \times AT\right)} \tag{1}$$



Fig.1. Map of Dhamrai Upazila (source: Banglapedia, 30 June 2014)

Here, CDI = Chronic daily intake (μ g/Kg/day) CW = Concentration of trace metal in water (μ g/L), IR = Ingestion rate (L/day; 2.2 for adult 1 for Child), EF = Exposure frequency (Days/year, 365), ED = Exposure duration [Year; for oral = 70 for Adult, 10 for Child], BW = Body weight (Kg; 70 kg for Adult, 25 kg for Child), AT = Average time (Days; 25,550 for Adult, 3650 for Child) [12,23,26,29– 32].

The health risk from groundwater use was justified based on chronic (noncarcinogenic) and carcinogenic effects. The non-carcinogenic risk was calculated as Hazard quotient (HQ) by the following equation.

$$HQ = \frac{CDI}{RfD}$$
(2)

Where HQ is hazard quotient (unitless) and RfD (µg/Kg/day) originates from risk-based concentration table [33].

For elemental risk assessment, the individual HQs are combined to form Hazard Index (HI). If the value of HQ and HI exceeds 1, there could be potential non-carcinogenic effects on health while HI less than 1 indicates no risk of health effects [34,35].

$$HI = HQ_1 + HQ_2 + \dots + HQ_n \tag{3}$$

Carcinogenic risks (CR) were calculated as the incremental probability of a person developing cancer over time as a result of exposure to a potential carcinogen [36,37]. The results measured the risk of exposure because of the adopted particular slope factor (CSF) of the carcinogens by Eq (4).

$$CR = CDI \times CSF$$
 (4)

Where CR is cancer risk for each metal for the specific routes; CSF is called the slope factor of cancer-causing contaminants. CSF can vary for various routes [38] as As: 1.5×10^{-6} and 3.8×10^{-7} mg kg-1 day⁻¹for oral intake route [31,38-39]. The CR on the scale of 10^{-6} to 10^{-4} typically is to be permissible value [40]. The CR value is higher than 10^{-4} dictated

the likelihood of potential cancer risk [36].

3. RESULTS AND DISCUSSION

3.1 General Characteristics of Groundwater

Table 1 shows that the EC of the groundwater samples was between 2000-5000 μ S/cm where the average value was $3500 \pm 688.25 \ \mu$ S/cm. According to [41] the maximum limit of EC is 500μ S/cm and according to [42] 1500 μ S/cm. In terms of TDS, samples were between 188-420 mg/L where the mean value is 260.8 ± 60.56 mg/L. According to [41] and [42], the maximum limit of TDS is 1000 mg/L and 1500 μ S/cm according to [43]. With this TDS value, they can be said as freshwater [44].

While sampling, the sampling water temperatures were between 24.3-29.9°C with an average temperature of 25.95 + 1.14 °C.Water protection in coastal aquifers can be hampered by relative sea-level rise and saltwater intrusion. like Iran where the average EC is 3416 µS/cm [45], Favignana island, Italy where the average EC is 3979 µS/cm [46], China where the average is 1673 µS/cm [47]. These values are greater than our EC value. Hence, the underlying groundwater recharges and flow conditions are vulnerable due to the absence of surface water.

In the water sample, values of Fe were between 0.3607-5.8631 mg/L with a mean value of 1.8 ± 1.59 mg/L. As the safe limit is 0.3-1.0 mg/L nationally and globally, the mean value crossed the maximum level of Bangladesh and international standards. Mn was in the range of 0.09-2.39 mg/L with an average of 0.74 ± 0.62 mg/L. It's mean also exceed the national and international limit. The value of As was between 0.01-0.06 mg/L with an average of 0.038 ± 0.016 mg/L. Its national standard is 0.05 mg/L but the international standard is 0.01 mg/L. This means it crossed the international standard limit.

3.2 As, Fe and Mn Concentration in Groundwater

Fig. 2(a) and 2(b) are the graphical presentations of As concentration in groundwater. It shows that in 20 samples most of them are safe according to the DoE standard of Bangladesh [42]. Sample 5 has the maximum

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As the value of 0.06812 mg/L which is far beyond the WHO and USEPA standard level [41,43]. Fig. 2(b) shows that with the increase of depth, As concentration decreases. At the surface level, there are more chances of As pollution. Fig. 3(a) and 3(b) are the graphical presentations of Fe concentration in groundwater. It describes that almost half of the sample values are exceeded the limiting value according to DoE. The concentration of Fe is relatively low at the higher depth. But at the depth of 30.48 meters, it shows the highest concentration. Fig. 4(a) and 4(b) are the graphical presentations of Mn concentration in groundwater. It analyzes that according to DoE



Fig. 2(a). As concentration of samples



Fig. 3(a). Fe concentration of samples

except for one sample all the samples have a higher concentration of Mn. Though according to WHO almost 7 samples are within the safe limit. At lower depth, the concentration of Mn is very high but it relatively decreases at the higher depth.

Fig. 5 is the graphical representation of together As, Fe and Mn. There are many similarities in terms of their concentration. In terms of samples where Fe is high most of there, Mn is also high. On the lower surface As is very high but Mn and Fe are very high at the depth of almost 31 meters.



Fig. 2(b). As concentration of samples with depth



Fig. 3(b). Fe concentration of samples with depth

| Parameter | Descriptive statistics | | | | Water quality standards | | | |
|------------------|------------------------|---------|-------|--------------------|---------------------------------|----------------------|---------------------------|--|
| | Minimum | Maximum | Mean | Standard deviation | DoE Bangladesh standard [42] | WHO standard [41] | USEPA standard [43] | |
| Temperature (°C) | 24.3 | 29.9 | 25.95 | 1.14 | 20-30 | - | - | |
| TDS(mg/L) | 188 | 420 | 260.8 | 60.56 | 1000 | 1000 | 500 | |
| EC (µS/cm) | 2000 | 5000 | 3500 | 688.25 | 1500 | 500 | - | |
| Fe (mg/L) | 0.3607 | 5.8631 | 1.8 | 1.59 | 0.3-1.0 | 0.3 | 0.3 | |
| Mn (mg/L) | 0.0914 | 2.3945 | 0.74 | 0.62 | 0.1 | 0.4 | - | |
| As (mg/L) | 0.01102 | 0.0681 | 0.038 | 0.016 | 0.05 | 0.01 | 0.01 | |

Table 1. Descriptive statistics of the parameters in the studied samples



Fig. 4(a). Mn concentration of samples

Fig. 4(b). Mn concentration of samples with depth

60.96



Fig. 5.The concentration of As, Fe, and Mn in groundwater

Table2. Summary of HQ and HI of As, Fe, Mn, and CR of As (average of 20 groundwater samples)

| Health risk | Inhabitants | HQ oral for As | HQ Oral for Fe | HQ oral for Mn | HI | Non- Carcinogenic risk |
|--------------|-------------|-------------------|----------------------|-------------------|---------|------------------------------|
| Non- | Adult | 4.0228 | 0.1886 | 1.1655 | 5.3769 | High |
| Carcinogenic | Child | 8.5332 | 0.4 | 2.4724 | 11.4056 | High |
| | | Carcinoger | Carcinogenic risk | | | |
| Carcinogenic | Adult | 1.81×10⁻³ | | | | Very high |
| | Child | 3.84×10⁻³ | | | | Very high |

3.3 Human Health risk (HHR) Evaluation

Table 2 describes the summary of noncarcinogenic and carcinogenic risk on adults and children. The average HI of these trace elements is greater than 4 which indicate a higher chronic risk of these non-carcinogenic elements. Compared to an adult, HI values are two times higher in the child section. It indicates children are more vulnerable in terms of adults in the sampling areas. Carcinogenic risk for both adults and child exceeds the standard limit $(10^{-6} - 10^{-4})$ [29].

However, the HQ oral (adult) for As, Fe, and Mn are in between respectively 1.154-7.136, 0.038-0.614, and 0.143-3.762 with the average of As 4.02 ± 1.65 , Fe 0.19 ± 0.17 , and Mn 1.16 ± 0.98 . The HQ for oral use by the child for As, Fe, and Mn are in between respectively 2.44-15.34, 0.08-1.3, and 0.3-7.99 with the mean of As 8.53±3.5, Fe 0.4±0.35, and Mn 2.47±2.08. The following order of average strength of HQ oral values in the study area is As>Mn>Fe for both adults and children. HI calculation is also done for adults and children. It indicates that for both adults and child it has a high noncarcinogenic risk. It is also proved that there is a very high risk of cancer due to the exposure of groundwater via oral ingestion for both adults and children. In this case, children are more vulnerable than adults

4. CONCLUSION

The physicochemical, and trace element status of tube-wells were investigated in this study. The study found that the concentration of As, Fe, and Mn found in the majority of tube-well water was significantly higher than the allowable limits suggested by WHO, though the concentration of three elements differed depending on the location and depth of tube wells. Elevated Fe, Mn, and As levels predominate in the 10 m to 40 m depth range. Furthermore, HQ values of Mn and As are the main contributors in HI for non-carcinogenic health risk in both adults and infants. The findings of the study clearly articulate that drinking such tube-well water contaminated especially by As concentration surely poses great health risks to the inhabitants who uses those water for drinking and other daily purposes. Finally, the shallow tube-well in the research area is not suitable for collecting drinking water. The study draws

attention of the people of Bangladesh to be aware of this vulnerability.

COMPETING INTERESTS

Authors have declared that no competing interests exist.

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